

# Nutrition Icons Key

Below is a list of nutritional icons that can be used to help guide you in making choices that fit your dietary needs.

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## **CONTAINS DAIRY**

Items contain milk protein, or are made on shared equipment.



## **VEGETARIAN**

Items do not contain meat, poultry or fish, but may contain dairy and/or egg.



## **NO GLUTEN INGREDIENTS**

Items do not contain barley, wheat, rye or any gluten-containing ingredient. Items are not certified Gluten Free, as we cannot guarantee less than 20 ppm gluten.



## **NOT REVIEWED**

These items have not yet been reviewed by the dining services dietitian, therefore we are unable to label these items and verify the presence of any potential allergens.



## **CONTAINS NUTS**

Items contain peanuts or tree nuts, or are made on shared equipment.



## **VEGAN**

Items do not contain any animal derivatives, including meat, poultry, fish, dairy, eggs or honey.

## **FOR ADDITIONAL ALLERGEN OR INGREDIENT INFORMATION**

Please visit [www.dining.osu.edu](http://www.dining.osu.edu) or email us at [dining@osu.edu](mailto:dining@osu.edu)

All fried items may come into contact with allergens and animal proteins. Icons do not take this into account.

If you are prone to severe allergic reactions please note that we are unable to guarantee the absence of allergen cross-contact during food manufacturing and preparation. In addition, last-minute product substitutions may not always be identified. For these reasons we strongly encourage you to consult the on-site Chef or Dining Manager to make sure your order is free of any specific allergens.

